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## The Tantric Lounge: Sex, Science, and Spirituality

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**October 02nd 2014: Broadening Your Sexual Repertoire**

Broadening your sexual repertoire and opening up to the amazing life-enhancing potential of a fulfilled sexuality requires a strong basis. If we divide our sexuality into physical, mental, emotional and spiritual sexuality, it's vital that our emotional sexuality and our spiritual sexuality are developed so that we have the safety and therefore the freedom to explore the physical and mental dimensions of our sexuality, to spice things up. Spice alone tastes terrible, add it to something fundamentally good and it takes it to new realms of experience...



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